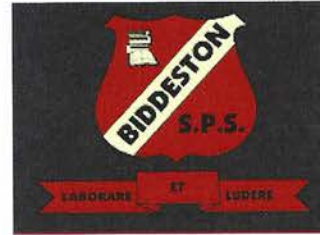


Biddeston State School Sun Safety Policy

(revised April 2018)



RATIONALE

Queensland has the highest rate of skin cancer in the world. Skin damage, including skin cancer, is the result of cumulative exposure to the sun. Research shows that severe sunburn contributes to skin cancer and other forms of skin damage such as sunspots, blemishes and premature ageing. Most skin damage and skin cancer is therefore preventable.

Ultraviolet radiation (UVR) levels are highest during the hours that children are at school.

With this in mind **Biddeston State School** realises the need to protect children's skin and educate them about SunSmart behaviour, thus reducing the risk of skin damage from exposure to the sun.

AIMS

The policy aims to:

- Provide ongoing education that promotes personal responsibility for skin cancer prevention.
- Provide environments that support SunSmart practices.
- To encourage safe sun protection practices.
- To consider the harmful effects of the sun in the planning and timetabling of school activities.

OUR COMMITMENT

- Wearing of broad brimmed hats is compulsory for all outdoor activities. Students without hats are to remain in complete shade.
- SPF 30+ Sunscreen is to be readily available in each classroom and supplied by the school, for students to use on uncovered areas of the skin, such as the face and the back of the hands for all outdoor activities.
- Shade areas are to be utilised as much as possible for outdoor activities.
- School staff and volunteers shall be aware of their role as models for sun protection practices, wearing hats and sunscreen and protective clothing.
- School uniforms, staff and students, require shirts with collars and sleeves and

- School physical activity will be the first activity in the morning, with an early morning tea, while lunch recess will be for minimal time to avoid exposure during the middle of the day.
- Assemblies are held under shade structure, out of the sun.
- Provide effective educational programs on sun safety and preventative measures.
- Include the planting and caring of shade trees as part of our School Environmental Management Plan.
- The wearing of swim shirts is advocated during all outdoor water-based activities.
- SPF 30+ Sunscreen will be provided for all excursions for student use and will be applied by students under staff supervision. Broad brimmed hats must be worn by students on all school excursions, with a clean, spare hat to be taken by staff in case of a forgotten hat.
- Sunscreen is to be applied before school and reapplied as necessary at school.
- Sun visors are to be worn when playing active games at sporting carnivals. Visors are available for purchase or borrowing. The wearing of sunglasses is allowed.
- Sun protection will be advocated in relation to Parents and Citizens Association projects and activities.
- Inclusion of Biddeston State School's SunSmart Policy with enrolment pack, available on school website and include with school newsletter twice yearly.

Approved by:



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Sharon Wilson

Principal

Date: 23/1/18



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Ian Speed

P&C President

Date: 23-1-18